

Cranial Helmet Wear And Care



Day	On	Off	Nap	Night
1	1 hour	1 hour	No	No
2	2 hours	1 hour	No	No
3	4 hours	1 hour	Yes	No
4	8 hours	1 hour	Yes	Yes
5+	23 hours	1 hour	Yes	Yes

WEARING SCHEDULE

Consistency is the key to success. After the break-in period, your child should wear the cranial helmet 23 hours a day for the remainder of the treatment period, removing it for one hour a day to clean your child's head, care for the helmet and check for redness.

ADJUSTMENTS

Red and pink areas are expected during the break-in period and occasionally after adjustments. If any redness lasts longer than 60 minutes after the helmet is removed, do not reapply the helmet and contact your orthotist as soon as possible. It is helpful if you email or text a picture of the red area. Note the time the helmet was removed and the time the picture was taken. Ideally, your child should not be without the helmet longer than 48 hours.

CARE FOR YOUR HELMET

- Clean daily to prevent skin irritation.
- To clean the helmet, spray the inside with clear rubbing alcohol until it is wet. Inexpensive spray bottles work well and can be found at most stores.
- Allow the helmet to dry, then, using a damp washcloth, gently scrub the inside with the same baby shampoo you use to clean your child's head. Do not submerge the helmet or get it excessively wet.
- Wipe away any soap residue with a clean wet washcloth. Dry the helmet inside and out with a hand towel and completely air dry. Do not use a hair dryer as excessive heat can melt the foam.
- While the helmet is drying, wash your child's head with baby shampoo. Dry your child's hair before reapplying the helmet.
- Reapply the helmet once it and your child's head are completely dry.

GENERAL INFORMATION

- Irritation and chaffing are common on the cheek due to the close fit. To prevent this, apply a small amount of Vaseline or Aquaphor to this area.
- It is normal for your child to sweat more as they adjust to wearing the helmet. Your child should adapt within a few weeks. Use a fan in your child's room to help circulate air.
- Remove the helmet if your child will be exposed to excessive heat.
- The helmet is not a safety device and should not be used as one.



Warranty Policy

The warranty period for custom orthoses is 90 days from the date of service for workmanship and materials. The warranty is void if the device has been adjusted, repaired, or altered by anyone other than an employee of Transcend Orthotics & Prosthetics, or if the device or any of its parts have been subjected to misuse, negligence, or accident. Non-custom, off-the-shelf items may come with a manufacturer's warranty.

Adjustments or minor repairs performed by the Transcend O&P practitioner within the warranty period will be made at no charge. There may be a charge for time and labor for repairs or replacements to orthotic devices provided after 90 days from the date of delivery. Our labor charge is \$100.00 per hour.

If there is a problem with the orthosis, it is in the patient's best interest to communicate with the Transcend O&P office or practitioner in a timely manner. This will allow the practitioner to resolve the problem as efficiently and as quickly as possible. Failure to contact the treating practitioner, or infrequent or non-use of the device may result in the patient's need to be re-evaluated for appropriateness and fit of the device. This situation does not absolve patient from responsibility for payment.